If you are talking Stanley County girls track, you are talking Stacy Huss Hegge. She held eight school records when she graduated in 2005, seven of which remain unbroken. Stacy set school records in the 200m, 400m, 800m, 1600m, 3200m, and 300m hurdles, and she was part of the record-setting teams for the 1600m medley and 3200m relays.

Stacy is the only Stanley County athlete in school history to win two individual championships at one state track meet, winning both the 800m and the 1600m as a sophomore. Competing in her first state track meet as a seventh grader, Stacy accumulated thirteen medals at state meets from eighth grade to her senior year, including four golds:

2001: 800m - 3rd; 400m - 5th

2002: 3200m relay - 1st; 800m - 2nd; 400m - 5th

2003: 800m - 1st; 1600m - 1st; 400m - 4th

2004: 800m - 4th; 300m hurdles - 5th; triple jump - 8th

2005: 800m - 1st; 300m hurdles - 2nd

Stacy received numerous other track awards and honors, including selection to the 2004 Howard Wood Dakota Relays 800m run special event and winning the 800m five consecutive years at the Big Dakota Conference Meet.

Aside from track, Stacy participated in basketball and earned recognitions such as Hardest Worker and Defensive Player of the Year. In 2005, Stacy tied the school’s post-season free throw record, going 13-of-15 from the line. Stacy also competed in gymnastics, helping her team achieve 3rd place at the state gymnastics meet in 2002. Excelling academically, Stacy was class valedictorian.

Stacy’s track success continued at South Dakota State University, where she broke SDSU records in the indoor 600m and outdoor 400m hurdles. Stacy was a member of two SDSU record-breaking relay teams, including the 1600m relay and the distance medley relay, which also was a South Dakota collegiate record. Stacy resides in Pierre with her husband and four children.